

M A S S S C H E D U L E

Monday 1/26 7:30AM Fr. Spellman

**2 Timothy 1:1-8
Psalm 96:1-3, 7-8, 10
Mark 3:22-30**

Tuesday 1/27 7:30AM Fr. Idomele

**Hebrews 10:1-10
Psalm 40:2, 4, 7-8, 10-11
Mark 3:31-35**

**Wednesday 1/28 7:30AM Fr. Spellman
(School Mass) 9:30AM Fr. Spellman**

**Hebrews 10:11-18
Psalm 110:1-4
Mark 4:1-20**

Thursday 1/29 7:30AM Fr. Idomele

**Hebrews 10:19-25
Psalm 24:1-6
Mark 4:21-25**

Friday 1/30 7:30AM Fr. Spellman

**Hebrews 10:32-39
Psalm 37:3-6, 23-24, 39-40
Mark 4:26-34**

**Saturday 1/31 7:30AM Fr. Spellman
4:30PM Fr. Spellman**

**Hebrews 11:1-2, 8-19
Psalm 1:69-75
Mark 4:35-41**

Fourth Sunday in Ordinary Time

**Sunday 2/1 8:00am Fr. Idomele
10:00am Fr. Spellman
12:30pm Fr. Spellman**

**Deuteronomy 18:15-20
Psalm 95:1-2, 6-9
1 Corinthians 7:32-35
Mark 1:21-28**

CDs of Sunday Masses are available in the Church Office on Tuesday of each week.

In need of prayers...

Ethel Allen, Genevieve Alexander, Susan Augustine, Arleen Bouscher, Iola Brown, Rebecca Braithwaite, McCoy Brown, Inez Cameron, Regina Christian, Nicholas Dudley, Bettye Epps, Rita Gaudin, Olivia Griffin, Amy Gosey, Henry Green, Margaret Guillory, Rudi Eagleson, Milton Johnson, Irene Johnson, David Little, Anita Polite, Ruth Revis, Edna Valdry, James Smith, Eva Smith, Phyllis Troupe, Elsie Weston, West "Ted" Williams, Mary Wiley, Thad Wiltz, Donald Aubrey, Phyllis Pope, Yvonne Hill (sister of Pansy Greene), Jose Gonzalez, Ruben Palamaris, Elrena Dandy and Ruth Howard (Sisters of Tina Floyd), Ophelia Walker, Sheryl Cooper-McGinest, Naomi Sealey, Eva Anderson, Lucy Byrd, Zelandia Fero, Taylor Brown, Jordan Brown, Alice Singleton, Sheila Marshall, David Lewis, Gerald Winn, Alberta Cannon (sister of Debra Stewart), Lawanda Jackson, Susan Hughes, Karla Martinez Ochaeta (niece of Carmen El-Khoury) Warren Knox Jr., Betty Menzies and Thurman Johnson.

Church Bulletin Board

Monday, Jan 26, 2009	7:00pm PPC Meeting
Tuesday, Jan 27, 2009	7:00pm RCIA 7:00pm Substance Abuse 7:00pm Youth Group
Wednesday, Jan 28, 2009	6:30pm MSC
Thursday, Jan 29, 2009	12:30pm Bible Study 7:00pm Confirmation 7:00pm Charismatic Group
Friday, Jan 30, 2009	6:30pm Youth Choir 7:00pm Baptism Class 7:00pm Bible Study
Saturday, Jan 31, 2009	9:30am Religious Formation 11:00am Girl Scouts 11:30am Card Party Meeting 12:00pm Funeral
Sunday, Feb 1, 2009	9:00am Religious Formation 2:00pm Awe Drumming

Pastor's Letter

In 1960 **John Fitzgerald Kennedy** became the first **Catholic** to be elected as **President of the United States**. I was only five years old at the time, so the event had no significance to me until I got much older and realized that every President until that time had been a white, male, Protestant. Now the mold was starting to be broken, and men of other faiths could be elected. But it seemed like we would always have a white male President, regardless of his religious tradition.

So it was with great pride that this past Tuesday I joined the children in our school and watched **the Inauguration of President Barack Obama** as the **first African American President** in our country's history. And the children were thrilled that they were witnessing American History as it actually happened, televised to millions - or billions - of homes throughout the world. And the message to the children was clear: **"I can accomplish anything I want, if I work hard and apply myself!"**

This message applies to both boys and girls, because we had a distinct possibility of having a female President or Vice President, had the elections turned out differently. Now that the doors have opened up to everyone, and the glass ceilings have been shattered, the young members of our community realize that they can accomplish any goal to which they set their minds. Now our children recognize that when they go to a racially-mixed high school it does not have to be a white male who is president of the Student Council, and they know that it does not have to be a white male who leads the debate team or represents the student body when a dignitary comes to visit the campus. **Now it will be the person who is best-suited for the responsibility, regardless of color, gender, or religious tradition.**

God created us all as His children to live in His love. We, the human beings of the planet earth, are the ones who have created the divisions among us. My prayer is that now that we have proof that divisions can be overpowered, we can encourage each of our children to set their goals high and to follow their dreams. Remember to follow the truth, for Jesus told us, **"The Truth will set you free!"**

May the Lord continue to bless us always and in all ways, **Father Paul**

Holy Name of Jesus Celebrates Black History Month 2009

"A Spirit of Change...History in the Making"

Join us each Sunday for special entrance processions, guest speakers and after Mass activities. If you would like to participate in the Dessert Delights Homemade Dessert Sale Feb. 8th or the African Market Place on Feb. 15th, please call the Parish Office and leave your contact information for a call back.



Office of Religious Education

- **Rites of Christian Initiation for Adults (RCIA)** are on Tuesday's at 7:00pm in Acacia Center. There will be no RCIA class this week.
- For all young people making First Holy Communion the first Parent Meeting will be held in Spanish on January 24, 2009 and in English on February 7, 2009. Both will be held in the Acacia Center from 9:30am to 11:00am. You can attend either one.
- Please keep our Confirmation Classes in Prayer. They will be going on retreat from January 30th to February 1st at Sacred Heart Camp in Big Bear.
- The Rite of Acceptance for RCIA Candidate Angie Bradford, Philippa Haley and Aria Haley will take place today at 10:00am Mass. Please keep them in your prayers.

For more information, please contact Cathy Brown at (323) 734-8888 ext. 2.

Thank You and God Bless You!

Holy Name of Jesus School takes this opportunity to wish all parishioners a Blessed and Prosperous 2009.

We especially thank all of you who responded to our Annual Fund Appeal.

We would like to take this opportunity to acknowledge your contribution.

Platinum Donor \$500 & above

- Verna Lipscomb
- Mr. & Mrs. Wiltz
- Sylvester J. Ina and Company
- Jeffrey S Upperman & Bevanne A. Bean-Mayberry

Gold Donor \$300 - \$399

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- Eva Mae Smith
- Esther Estrada
- Amy Gosey
- Marilyn Leon
- Tashanna Houston

For those of you who are still considering, there is still time to contribute to your **favorite school**.

Make a check payable to Holy Name of Jesus School today!!

Telephone: 323-731-2255
Holy Name of Jesus School
1955 W. Jefferson Blvd.
Los Angeles, CA 90018

Healthy Living...

How to Stay Warm and Healthy in Winter

As the cold weather rolls in, you may hear your windows rattle or feel a cold breeze through your back door, even when it is closed. These are sure signs of drafts stealing your heat and making it harder for you to stay warm.

Stay Warm, Save Money, Be Healthy

If your home is drafty or not well-insulated it could cost you hundreds of dollars a year as you attempt to stay warm. It may also affect your health. While sitting in a draft does not make you sick, you should take notice if you feel chilled.

"Your normal body temperature can drop after prolonged exposure to cold drafts," says Andrea Tannenbaum, president of Dynamic-Living.com. "The elderly and those who have compromised immune systems need to protect themselves because a decrease in the body's natural temperature can lower resistance to germs."

Tips to Help You Stay Warm This Winter

Here are a few tips that will help you handle drafts and stay warm at the same time.

Stay warm by plugging up drafty windows and doors with inexpensive insulation and draft stoppers.

Bundle up to stay warm.

"Stopping drafts will not only keep your energy costs lower but will also help you stay warm and healthy," Tannenbaum says. "Exposure to drafts can lower your resistance to all viruses and make you feel stiff, uncomfortable and run-down. So plug up those drafts, bundle up, and increase your chances of staying healthy."

For more information, log onto www.seniorliving.about.com

Holy Name of Jesus Church is starting to quilt again.

If you're interested, please bring your thread, scissors and needles to the Acacia Center January 24, 2009 at 12:00pm. This will be the fundamentals of beginning quilting with books, patterns, and fabric scrapes to help you decide where to start and whatever else you may need. If there are any question please call Audrey Miller (323) 734-6073.

DID YOU KNOW?**Take the Child Safety Quiz**

Parents, guardians, and adults who care for children face constant challenges when trying to help keep children safer in today's fast-paced world. The National Center for Missing and Exploited Children (NCMEC) offers easy-to-use safety resources to help address these challenges. NCMEC's Web site offers a range of practical information for parents and guardians that will help keep children safe from harm. The site also features an interactive quiz on child safety designed for both adults and children. To take the quiz, visit the NCMEC web site and click on "Child Safety": www.missingkids.com

**SHARMAINE HAYLOCK, CHAIRPERSON—
HOLY NAME CHURCH SAFEGUARD
THE CHILDREN COMMITTEE**

Anyone who took the VIRTUES Training class in 2004 must re-certify their training. You will have to take a class for an hour and a half.

Look to the Bulletin for more information or call Cathy Brown at 323 734-8888 ext 2

There are four candidates up for nomination to the Parish Pastoral Council. The four Nominees are: Yvette Stewart-King, Elizabeth Profit, Brenda Rideau, and LeRoy Titus.

Holy Name of Jesus School News

Holy Name School has open enrollment for grades K-8. If interested, please call the School Office 323-731-2255 for further information.

- Family Mass is held every Fourth Sunday of the Month at 10:00 am. On Jan 25th the Fifth Grade will be in charge of the mass.
- The School is hosting a Shakey Night on Thursday, January 29, 2009 from 6:00pm to 9:00pm
- Find out how you too can become a part of the school's activities. We are seeking volunteers for Reading and Student supervision. We also welcome donations of supplies, books and copy paper. Are you retired? Come speak to the students about a topic of interest. Call 323- 731- 2255 for more information today!

We are recycling plastic bottles, aluminum cans and Cell Phones to help raise money for the school.

Thank you for your support!

Congress 2009 REC Bulletin

The annual Religious Education Congress held in Anaheim, California, is ready to enrich and revitalize us once more. Sponsored by the Office of Religious Education at the Archdiocese of Los Angeles, Congress draws in excess of 40,000 participants over the course of this internationally acclaimed 4- day event. The annual Youth Day draws 15,000 Youth from all over Southern California and beyond. Congress International presence continues to grow, with participants attending from many different countries. This year there will be more than 280 workshops available to choose from, covering a vast range of topics and interests from spirituality and personal development to biblical studies, theology and catechesis. This year the Congress is scheduled for February 26 (Youth Day), through March 1, 2009 and focuses on the theme Love Unfolding... Igniting our Yes! Over the weekend participants will enjoy morning praise, workshops, evening liturgies and a variety of prayer experiences with internationally renowned leaders in the areas of liturgical music and worship. Concerts at noon time and evening offer additional opportunities for praise and worship- delightful experiences which engage and renew participants!

Stewardship Report***Stewardship: A Definition from Scripture***

The one who supplies seed to the sower and bread for food will supply and multiply your seed and increase the harvest of your righteousness.

2 Corinthians 9:10

Weekly Collections**Current Year:**

January 18, 2009 = \$ 7,642.84

Two Previous Years:

January 20, 2008 = \$ 6,866.00

January 21, 2007 = \$ 10,804.03