

M A S S S C H E D U L E

Monday 8/31 7:30AM Fr. Spellman

1 Thessalonians 4:13-18
 Psalm 96:1, 3-5, 11-13
 Luke 4:16-30

Tuesday 9/1 7:30AM Fr. Idomele

1 Thessalonians 5:1-6, 9-11
 Psalm 27:1, 4, 13-14
 Luke 4:31-37

Wednesday 9/2 7:30AM Fr. Spellman

Colossians 1:1-8
 Psalm 52:10, 11
 Luke 4:38-44

Thursday 9/3 7:30AM Fr. Idomele

Colossians 1:9-14
 Psalm 98:2-6
 Luke 5:1-11

Friday 9/4 7:30AM Fr. Spellman

Colossians 1:15-20
 Psalm 100:1-5
 Luke 5:33-39

**Saturday 9/5 7:30AM Fr. Spellman
4:30PM Fr. Idomele**

Colossians 1:21-23
 Psalm 54:3-4, 6, 8
 Luke 6:1-5

Twenty- Third Sunday in Ordinary Time**Sunday 9/6**

8:00am Fr. Spellman
10:00am Fr. Spellman
12:30pm Fr. Spellman

Isaiah 35:4-7
 Psalm 123:1-4
 James 2:1-5
 Mark 7:31-37

CDs of Sunday Masses are available in the Church
 Office on Tuesday of each week.

In need of prayers...

Ethel Allen, Genevieve Alexander, Susan Augustine, Arleen Bouscher, Iola Brown, Rebecca Braithwaite, McCoy Brown, Inez Cameron, Nicholas Dudley, Bettye Epps, Olivia Griffin, Amy Gosey, Henry Green, Margaret Guillory, Rudi Eagleson, Milton Johnson, Ellender Julian, Irene Johnson, David Little, Ruth Revis, Edna Valdry, James Smith, Eva Smith, Phyllis Troupe, Elsie Weston, West "Ted" Williams, Mary Wiley, Thad Wiltz, Donald Aubrey, Phyllis Pope, Jose Gonzalez, Ruben Palamaris, Elrena Dandy and Ruth Howard (Sisters of Tina Floyd), Ophelia Walker, Sheryl Cooper-McGinest, Naomi Sealey, Berenice Scott, Eva Anderson, Lucy Byrd, Zelandia Fero, Taylor Brown, Jordan Brown, David Lewis, Gerald Winn, Susan Hughes, Karla Martinez Ochaeta (niece of Carmen El-Khoury), Joshua Bolden, Warren Knox Jr., Edwin Thomas Sr., Barbara Ellis, Clyde Mitchell, Lloyd Moses, Oscar Antonio Romero, Thurman Johnson, Edna Bendy, Debra Stewart, Gary Elliott, Monica Lewis, Herbie King, Mario Toledo, Elizabeth Profit, those seeking employment, and those struggling to make ends meet during these tough times.

Church Bulletin Board

Monday, Aug 31, 2009 **6:30pm Bible Study**
6:30pm KPC Card Party
7:00pm Renew 2000 (Spanish)

Tuesday, Sep 1, 2009 **7:00pm Substance Abuse**
7:00pm Spanish Intercessory
7:00pm Fr. Gus Bible Study

Wednesday, Sep 2, 2009 **6:30pm MSC**
7:00pm Mariano Ministry
7:00pm Spanish Baptism Class

Thursday, Sep 3, 2009 **12:30pm Bible Study**
7:00pm Spanish Prayer Group

Friday, Sep 4, 2009 **6:30pm BDYC**
7:00pm Bible Study
7:00pm Baptismal Class

Saturday, Sep 5, 2009 **11:00am Girl Scouts**

Sunday, Sep 6, 2009 **2:00pm Awe Drumming**

The Los Angeles County Department of Health will be here on Sunday, September 27, 2009 from 10:00am - 2:00pm to give Flu Shots to the church community. All are welcome.

Pastor's Letter

For many years **The Catholic Negro-American Mission Board** has provided assistance to many impoverished minority families throughout the United States. And, as you may recall, last June **Father Wayne Paysse**, the Executive Director, visited Holy Name of Jesus Church and School, and he was very impressed with what he saw. Two weeks later **Holy Name of Jesus School** received a grant of **\$5,000.00** from **The Catholic Negro-American Mission Board** so that we could educate more children of our community in a faith-filled environment.

Next weekend we will be taking up a **Second Collection** at all of our Masses for **The Catholic Negro-American Mission Board** in order to support the fine work that they do. We do not have special envelopes for this appeal, so please place your check or cash into the basket at the Second Collection so that your donation may be forwarded directly to Father Paysse in Washington, D.C. I realize that we have many second collections throughout the year, but we believe that this is a worthwhile mission of the Church and we encourage you to be as generous as your means will allow.

As I have mentioned previously, our school will begin on Monday and this weekend we will have representatives at our school at all of our Masses, and they can answer any questions that you may have about our school and its programs. And, remember, **a Catholic education is a benefit for life!**

May the Lord continue to bless us always and in all ways, *Father Paul*

Get Your Tickets Now!

HNOJ School's 2nd Annual Fundraiser Luncheon
with guest speaker **Sr. Eva Lumas** and musical
entertainment provided
by **Poncho Williams**
Saturday, September 19, 2009
11:00am – 4:00pm
at the Airport Marriot Hotel.
Tickets are \$55.00 per person
and are now on sale!

**Ads for the Souvenir Book are also available at
different price ranges; one to fit every budget!**

**We also need donations of items for the Silent
Auction. No donation is too large or too small
and is greatly appreciated!**

Dear Parishioners:

As summer heads to an end and the new school year begins, several items are always needed for class activities. Please see below to discover what items you can pick up while on your routine shopping trips. Both religious education and school classrooms are in need of additional supplies for the children.

The following supplies are needed: 10 boxes of crayons, 10 composition notebooks or any combination of supplies while the prices are low. Please drop them by the church office for Mrs. Cathy Brown.

If you are interested in donating on a larger scale, please consider the Dream List. Every educator has a dream list, even if they never mention it.

HNOJ Pastor's Scholarships Are Still Available

Holy Name of Jesus School is still enrolling new students for the 2009/2010 school year. If you are a member of Holy Name of Jesus Parish, Pastor's Scholarships are still available. Contact our Principal Ms. Belisle to obtain more information: 323-731-2255.

Upcoming School Schedule:

- 1st Day of Classes for all grades – Monday, August 31, 2009
- Students in grades 6, 7 and 8 are asked to report to their class on Thursday and Friday, August 27 & 28, 2009 to plan Welcome Rally for the first day of school.

Volunteers Needed:

We are still looking for parishioners who can volunteer to assist with our marketing and development efforts. To obtain a list of the planned activities for this Fall, please contact HNOJ's Marketing Director: 323-551-7846.

Scholarship Fund:

HNOJ is still accepting pledges for the scholarship fund for the upcoming school year. The school has received numerous requests for admission that can be met if financial aid is available. Your donations and contributions to the scholarship fund will help to make the school more accessible to these students and their families. Thank You!

HNOJ School News Thank You HNOJ Parishioners!

Our goal is to raise \$20,000 by August 31, 2009 to provide scholarships to deserving students. With your assistance we have raised \$9,000 thus far.

You are a valued member of our school community and we appreciate your efforts to join us in making the school more affordable and accessible to those families that want to access a quality, Catholic education.

The Scholarship Fund continues through August 31, 2009; the beginning of the new school year. If you intend to make a pledge, please contact us at the school:

Tel: 323-731-2255 or mail your check to:
Holy Name of Jesus School
1955 W. Jefferson Blvd.
Los Angeles, CA 90018

Healthy Living...

Chest Pain and Heart Attack

Chest discomfort or pain is a key warning symptom of a heart attack. Heart attack symptoms include:

- Chest discomfort or pain that is crushing or squeezing or feels like a heavy weight on the chest.
- Chest discomfort or pain that occurs with sweating, shortness of breath, nausea or vomiting,
- Pain that spreads from the chest to the back, neck, jaw, upper belly, or one or both shoulders or arms. The left shoulder and arm are more commonly affected.
- Dizziness, lightheadedness, or feeling like you are going to faint.
- A fast, slow, or irregular heartbeat.

If you have any of these symptoms of a heart attack, call 911 or other emergency services immediately. Since most of the damage to the heart muscle during a heart attack occurs in the first 6 hours, emergency treatment may prevent damage to the heart muscle and death. Some people, especially those who are elderly or have diabetes, may not have typical chest pain but may have many of the other symptoms of a heart attack. Women are more likely than men to have neck and shoulder pain along with other symptoms.

Chest discomfort or pain that comes on or gets worse with exercise, stress, or eating a large meal and goes away with rest may be a warning symptom of heart disease. If you are having this type of discomfort or pain now and you are not being treated for angina, call 911 or other emergency services immediately.

Other causes of chest discomfort or pain

Most people fear that chest pain always means something is wrong with the heart. This is not the case. Chest discomfort or pain, especially in people who are younger than age 40, can have many causes.

- Pain in the muscles or bones of the chest often occurs when you increase your activities or add exercise to your schedule. This is sometimes called chest wall pain.
- Burning chest pain that occurs when you cough may be caused by an upper respiratory infection caused by a virus.
- Burning chest or rib pain, especially just before a rash appears, may be caused by shingles.
- A broken rib can be quite painful, especially when you cough or try to take a deep breath.
- Gastroesophageal reflux disease (GERD) can cause pain just below the breastbone. Many people will say they have "heartburn." This pain is usually relieved by taking an antacid or eating.

For more information on heart disease, log onto www.webmd.com.

WebMD
Better information. Better health.

DID YOU KNOW?
THE PREVALENCE OF ABUSE IN SOCIETY

In surveys of adults, one out of five women and one out of ten men reported that they were sexually molested before they were 18 years old. This means that an estimated 40 million adult survivors of child sexual abuse are living in the United States today. An estimated 9.6% of all school children will be molested by an educator or an employee of a school between kindergarten and 12th grade. Between 13 and 34% of all females will be victims of sexual assault before the age of 18.

SHARMAINE HAYLOCK, CHAIRPERSON
HOLY NAME CHURCH SAFEGUARD
THE CHILDREN COMMITTEE

Stewardship Report

Stewardship: A Definition from Scripture

Without cost you have received; without cost you are to give.
-Matthew 10:8

Weekly Collections

Current Year:

August 23, 2009 = \$ 7,791.71

Two Previous Years:

August 24, 2008 = \$ 7,207.00

August 26, 2007 = \$ 7,622.00

Thank you for your generosity!

Are you interested in evangelizing and sharing the uniqueness of Holy Name with others? If so, then come to the next Hospitality Committee meeting. We meet every 2nd and 4th Thursday of the month at 7:00 pm in the Acacia Center. Our next meeting is Thursday, August 27. We hope to see you there.

The Young Adult Bible Study meets every Monday in the Hall from 7:00pm-8:30pm. It is specially designed for those who are hungry and thirsty to be spiritually fed. You will experience an encounter with the living God through His living word, so prepare to be transformed and enlightened through the awesome power of God's Holy Word. Please take a flier in the back of the church and spread the word.

Apartment for Rent

2 bedroom, 1bath apartment for rent. Located in the Mid-Wilshire area. This apartment is a 1930's style with French windows, hardwood floors, tile kitchen floor, stove, refrigerator, washer and dryer hook up. It's a non-smoking building. Parking is available. \$1800 per month. For more information please call Jeri (323) 930-1590, cell (323) 203-8797.

A few friendly reminders...

- **Children under the age of 13 will have to be accompanied by an adult when going to the restroom...**
- **No teenagers can accompany a younger child to the restroom unless they are over the age of 18...**
- **The crying room is for parents with babies only. All others will be asked to leave...**
- **Children must sit with their parents at all times during the mass services...**
- **Ushers will escort unsupervised children to their parents...**
- **When arriving late for mass, you will be requested to remain in the church lobby until directed by an usher...**
- **Turn cell phones and pagers off when entering church...**
- **No gum, food or drinks in the church!!!!**

Office of Religious Education

Registration for all Religious Classes which includes First Communion and Confirmation will begin on Monday, August 10, 2009. You may register in the office or through the mail. Classes for CCD will begin on Saturday, September 12th from 9:30am -11:00am & Sunday, September 13th from 9:00am -10:00am.

Confirmation Classes for 1st year will start on Thursday, September 17, 2009 at 7:00pm in the Acacia Center and 2nd year Confirmation Classes will start on Thursday, September 10, 2009 at 7:00pm in the Acacia Center.

For more information, please contact **Cathy Brown at (323) 734-8888 ext. 2.**