

M A S S S C H E D U L E

Monday 5/31 7:30am Fr. Spellman

Zephaniah 3:14-18
 Psalm 12:2-6
 Luke 1:39-56

Tuesday 6/1 7:30am Fr. Idomele

2 Peter 3:12-15, 17-18
 Psalm 90:2-4, 10, 14, 16
 Mark 12:13-17

Wednesday 6/2 7:30am Fr. Spellman

2 Timothy 1:1-3, 6-12
 Psalm 123:1-2
 Mark 12:18-27

Thursday 6/3 7:30am Fr. Idomele

2 Timothy 2:8-15
 Psalm 25:4-5, 8-10, 14
 Mark 12:28-34

Friday 6/4 7:30am Fr. Spellman

2 Timothy 3:10-17
 Psalm 119:157, 160-161, 165-166, 168
 Mark 12:35-37

**Saturday 6/5 7:30am Fr. Spellman
4:30pm Fr. Spellman**

2 Timothy 4:1-8
 Psalm 71:8-9, 14-17, 22
 Mark 12:38-44

**Sunday 6/6 Holy Body and Blood of Christ
8:00am Fr. Idomele
10:00am Fr. Spellman
12:30pm Fr. Spellman**

Genesis 14:18-20
 Psalm 110:1-4
 1 Corinthians 11:23-26
 Luke 9:11-17

CDs of Sunday Masses are available in the Church
 Office on Tuesday of each week.

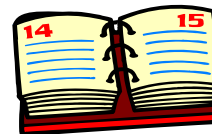
In need of our prayers...



Ethel Allen, Genevieve Alexander, Susan Augustine, Arleen Bouscher, Iola Brown, McCoy Brown, Inez Cameron, Nicholas Dudley, Bettye Epps, Olivia Griffin, Amy Gosey, Henry Green, Margaret Guillory, Rudi Eagleson, Milton Johnson, Ellender Julian, Irene Johnson, David Little, Ruth Revis, Edna Valdry, James Smith, Eva Smith, Phyllis Troupe, Elsie Weston, West "Ted" Williams, Thad Wiltz, Donald Aubrey, Phyllis Pope, Jose Gonzalez, Ruben Palamaris, Elrena Dandy and Ruth Howard (Sisters of Tina Floyd), Ophelia Walker, Sheryl Cooper-McGinest, Naomi Sealey, Berenice Scott, Eva Anderson, Lucy Byrd, Zelandia Fero, Taylor Brown, Jordan Brown, David Lewis, Gerald Winn, Susan Hughes, Karla Martinez Ochaeta (niece of Carmen El-Khouri), Joshua Bolden, Warren Knox Jr., Edwin Thomas Sr., Barbara Ellis, Clyde Mitchell, Oscar Antonio Romero, Thurman Johnson, Debra Stewart, Gary Elliott, Mario Toledo, Kelly Matthews, Angie Dupre, Shirley Miller, Emily Lewis, Basil Lewis, Mrs. Oliska Batiste, Tyrone Batiste, Santiago Zayas, Ina Lewis (aunt of Monica Lewis and Carlotta Keaton), Julio Mejia, Maria Lopez, Adrianna Zelaya, Norma Ellison, Felicia Bagley, Edward DeJohn, Thomas Delon-Monroe and those seeking employment, and those struggling to make ends meet during these tough times.

Church Bulletin Board

Monday, May 31, 2010	7:00pm Bible Study 7:00pm Spanish Renew 7:00pm Spanish Prayer Group
Tuesday, June 1, 2010	6:45pm Spanish Musicians 7:00pm Substance Abuse 7:00pm Spanish Intercessory 7:00pm Fr Gus Bible Study
Wednesday, June 2, 2010	6:30pm MSC 7:00pm Mariano Ministry 7:00pm Spanish Baptism Class
Thursday, June 3, 2010	12:30pm Bible Study 7:00pm Spanish Prayer Group
Friday, June 4, 2010	6:30pm Choir Rehearsal 6:45pm Spanish Musicians 7:00pm Bible Study 7:00pm Baptism Class
Saturday, June 5, 2010	9:30am Altar Server Practice 11:00am Young Adult Practice 12:00pm Girl Scouts
Sunday, June 6, 2010	2:00pm Awe Drumming



Pastor's Letter

Each year when we celebrate **the Mass of the Pentecost** it brings back such wonderful memories for me. As many of you know, I was ordained on Saturday, June 2, 2001, the day before Pentecost. Normally priests wear white vestments as they celebrate their first Mass, but our class was unique - both of us celebrated our first Masses wearing the red vestments, symbolizing **the fire of the Holy Spirit** in our lives!

Yes, I said "**both of us**," as the class of 2001 had only two men ordained for the Archdiocese of Los Angeles. That same year almost 20 priests died, retired, or left the priesthood. *Each year the trend has been the same: not enough priests being ordained to take the places of those who are no longer able to serve in parish ministry.* Various solutions have been suggested, such as ordaining women, or ordaining married people. And I do not think that this will happen in our lifetime. Many dioceses are bringing in priests from other countries, with the theory being that some countries have an excess of priests. However, if you look at the number of Catholics per priest, and the number of priests per parish, the only country that currently has an abundance of priests is **Poland**. And, many relate that to Poland being the home of **Pope John Paul II**. Also, many priests are coming to the states from countries that are predominantly Hindu or Muslim. Do we want to deprive the people of these countries of priests who can proclaim the Good News of the Gospel and celebrate the sacramental liturgies with them? These men make the best evangelizers, as they know the country and its people.

Our goal is to have more vocations to the priesthood and religious life come from our own parish families. Have you talked to your son or daughter about dedicating their lives to the Good News of the Gospel? Have you initiated a conversation with them about how God may be calling them to serve God and to serve God's people? Do you set an example for your children by bringing them to Mass each Sunday and praying with them at home each day? When I see the number of young people gathered around the altar each Sunday for the Liturgy of the Eucharist, I see faces who could one day be priests and sisters. But, that idea and the related encouragement must begin in the home.

Our Pentecost celebration was dynamic and powerful, and we are blessed to have had so many of our parishioners working so hard to make it all happen. And as we recognize the power of the Holy Spirit in our lives, let us remember the words of Saint Paul as he reminds us that, "There is one Spirit, but many gifts!" During these next few months let us encourage our children and young adults to discern the gifts that God has given them and encourage them to share their gifts in service to our loving God.

May the Lord continue to bless us always and in all ways, *Father Paul*

Annual Parish Meeting

This year's Annual Parish Meeting will be held on Monday evening, June 28, 2010 at 7:00 p.m. in the Parish Hall. We invite all parishioners to attend as we receive our annual update on parish activities and goals and objectives for the coming year. All ministry leaders are required to attend and we ask you to bring your calendar of planned events for the coming year so that we can enter them into the Parish Master Calendar. See you on the 28th!

Big Bus Trip sponsored by HNOJ's PTO Board to Fantasy Springs Resort Casino in Indio, California on Saturday, June 5, 2010.

The bus will depart HNOJ School at 7:30 a.m. and return back at 6:30 p.m. The price for the trip is \$40 and \$25 will be applied to your player's card. Deadline to pay for the trip is May 28th, 2010.

Contact Cheryl Rhaburn (323) 766-2830 or Celia Provost (323) 217-6704 for more information.

Office of Religious Education

Religious Formation classes (CCD) registration for 2010-2011 new and returning students will take place during the month of August. You may register in the office or through the mail. Check the bulletin for more information.

Parents, please remember that religious education is ongoing. Children who have received the Sacraments should return to class next year. For more information, please contact **Cathy Brown at (323) 734-8888 ext. 2.**

Please keep our Confirmation and First Communion Recipients in your prayers:

Ronelle Abaekobe, Taj Adams, Capree Arterberry, Brittany Blount, Lesly Bonilla, Khadijah Brown, Britney Burgos, Angelica Chew, Mahalia Chew, Michael Cocom, Jimmy Cordova, Esmeralda Cruz, Tiffany Hall, Tevin Jackson, Jacqueline Sandoval and Sheyenne Sims and Two Adults :Fallon Raliegh-Leau and Janna Jones.

Alejandro Alvarez, John Castellon, Jaylen Chavarria, David Colefield, Christian Desvignes, Miylan Eubanks-Mitchell, Monica Gutierrez, Erin King, Ajiene Lambey, Iliyani Lambey, Gavin Lopez, Xavier Massiah, Donald Moss, Jessica Muojekwu, Marcos Portillos, Justin Rhaburn, Jaheim Thomas, Sencere Watson, and Zion Williams. CCD: Mary Alvarado, Michael Ashford, Giselle Brambila, Angelica Cruz, Alice Dias, Moises Garcia, Natalie Garcia, Shirley Garcia, Marc Hines, Myles Hines, David Lewis, Sarah Mariona, Christopher Merchan, Linda Navarro, Margarita Navarro, Emmanuel Powell, Samantha Rondan, Naila Rosales, Dalia Ruiz, Elizabeth Ruiz, Josefina Ruiz, Olga Ruiz, Jasmin Sanchez, Joseph Upperman, and Roxy Zapata,

Healthy Living...



Got Hay Fever? Get to Work!

With improved over-the-counter allergy drugs, people are able to function better without allergies knocking them down. www.WebMD.com

Hay fever slams us every spring: Can't breathe; can't think; can't even hear very well. Do you call in sick or drag your fuzzy-brained self to the office? Or do you simply pop an allergy pill and get on with your day?

At least one out of every 5 Americans suffers from allergies. Common causes of allergy symptoms include food allergies such as peanut allergy or milk allergy, and seasonal allergies resulting from grass, weed, tree pollen, or various molds. Cat allergies and dog allergies can also cause miserable symptoms such as itchy eyes, sneezing, nasal congestion, and wheezing. Allergic skin conditions can cause a rash and itchy skin.

Allergies Can Hit Hard

What we know as "hay fever" is known medically as allergic rhinitis. Over the spring and summer, trees, grasses, weeds, and ragweed release their pollen. If you're sensitive, your immune system will send an army of histamines on attack. Histamines are chemicals that trigger inflammation in the sinuses, nose, and eyes.

It's a downward spiral into fits of sneezing, congestion, postnasal drip, runny nose, and itchy eyes. You may feel worse on some days than on others -- depending on what's blooming, the pollen count, and your sensitivities.

"What slows people down is the fuzzy feeling in your head ... which makes you feel disoriented, disconnected, makes it hard to focus," Pacheco says.

Pollen Patrol in Your Environment

Avoiding contact with allergens-- like pollen -- is the tried-and-true advice that allergists give to patients. You can control your exposure to pollen at home, in the car, and outdoors. Here are a few suggestions:

At Home

- ❖ Keep windows closed and use air-conditioning.
- ❖ Cover air-conditioning vents with cheesecloth to filter pollen.
- ❖ Use high-efficiency particulate air filters (HEPA).
- ❖ Clean air filters frequently and air ducts at least once a year.

In the Car

- ❖ Keep windows closed.
- ❖ Set the air conditioner to use recirculated air.

Outdoors

- ❖ Minimize walks in wooded areas or gardens.
- ❖ Stay indoors as much as possible on hot, dry, windy days when pollen counts are highest
- ❖ Stay indoors between 5 a.m. and 10 a.m., when pollen counts are usually highest.
- ❖ Wear a mask when mowing the lawn or gardening.
- ❖ Don't hang linens or clothes out to dry.

DID YOU KNOW?**Recognizing Signs of Child Abuse and Neglect**

A key to reporting child abuse and neglect is being able to recognize common indicators. In children, the following signs may signal the presence of child abuse or neglect: shows sudden changes in behavior or school performance, has not received help for physical or medical problems brought to the parents' attention, is always watchful, as though preparing for something bad to happen, is overly compliant, passive, or withdrawn, comes to school or other activities early, stays late, and does not want to go home. To learn more about child abuse prevention, visit: <http://www.archdiocese.la/protecting/index.php>.

**SHARMAINE HAYLOCK, CHAIRPERSON
HOLY NAME CHURCH SAFEGUARD**

Child Safety Month**Things Parents should know.**

Do you know the route your child uses to get home from school? Do you know the name and number of your child's friends? Are you monitoring their Facebook, MySpace and Twitter accounts? Do you have passwords on your computers at home? How many hours does your child spend on the internet and/or playing games? Do you monitor their text messaging?

Did You Know?**Five Steps to Safer Environments**

The Archdiocese mandates that all people who work with children and youth in our parishes and schools must undergo child abuse prevention training through the VIRTUS program. The training details five steps to prevent child sexual abuse: Know the warning signs of an inappropriate relationship with a child.

1. Know the warning signs!
2. Control access to children by carefully selecting the adults who work with children and youth.
3. Monitor all programs for the safety of children and youth.
4. Be aware of and sensitive to what is going on in the lives of children.
5. Communicate concerns to the appropriate person in authority.

Source: www.virtusonline.org/virtus

Body Safety Rules for Every Child

1. It's My Body!!! - I have the right to know all the safety rules.
2. The "Uh-Oh" Feeling - If I feel like something's wrong then I'm right. Sometimes I need to ask questions.
3. I can say "NO!" to sexual abuse or bad touch.
4. I will Tell Someone if I am sexually abused or hurt.
5. IT IS NEVER MY FAULT.

Stewardship Report

Stewardship: A Definition from Scripture
Without cost you have received; without cost you are to give. – Matthew 10:8

Current Year:

Pentecost: May 23, 2010 = \$ 7,069.00

Two Previous Years:

Pentecost: May 31, 2009 = \$ 9,581.00

Pentecost: May 11, 2008 = \$ 8,024.00

Thank you for your generosity!

Circle V Ranch Camp

St. Vincent de Paul Society encourages boys and girls age 7-13 to spend a week at camp in the Santa Barbara Mountains near Lake Cachuma. For teens age 15-17, there is a Counselor in Leadership Training program (CILT) which provides a week of leadership skills while assisting a staff member and enjoying camp. Call Velma Ottley at (323) 732-2201 for further information and an application.

Parish Pastoral Council Elections

It's time for PPC elections again! The Parish Pastoral Council needs dedicated and spirit-filled individuals who can serve God's people by participating on the Parish Pastoral Council. Nomination forms are in the bulletin and you are invited to throw your hat in the ring if you are an adult practicing Catholic who is willing to devote several hours a month to advise the pastor on issues of importance to our parish community. Please be sure you are registered as a member of Holy Name of Jesus Parish before nominating yourself. Thank you in advance for your commitment and God bless you for stepping out in faith.



Save the Date!

The Family Celebration will be held on Saturday, September 25, 2010 from 10am-4pm at Kenneth Hahn Park. We will have fun and games for all! Please come and enjoy.