

M A S S S C H E D U L E**Monday 3/22 7:30am Fr. Spellman**

Daniel 13:1-9, 15-17
 Psalm 23:1-6
 John 8:12-20

Tuesday 3/23 7:30am Fr. Idomele

Numbers 21:4-9
 Psalm 102:2-3, 16-21
 John 8:21-30

Wednesday 3/24 7:30am Fr. Spellman

Daniel 3:14-20, 91-92, 95
 Daniel 3:52-56
 John 8:31-42

Thursday 3/25 7:30am Fr. Idomele

Isaiah 7:10-14; 8:10
 Psalm 40:7-11
 Hebrew 10:4-10
 Luke 1:26-38

Friday 3/26 7:30am Fr. Spellman

Jeremiah 20:10-13
 Psalm 18:2-7
 John 10:31-42

**Saturday 3/27 7:30am Fr. Spellman
4:30pm Fr. Spellman**

Ezekiel 37:21-28
 Jeremiah 31:10-13
 John 11:45-56

Sunday 3/28 Palm Sunday

8:00am Fr. Idomele
10:00am Fr. Spellman
12:30pm Fr. Spellman

Isaiah 50:4-7
 Psalm 22:8-9, 17-20, 23-24
 Philippians 2:6-11
 Luke 22:14-23:56

CDs of Sunday Masses are available in the Church
 Office on Tuesday of each week.

In need of our prayers...

Ethel Allen, Genevieve Alexander, Susan Augustine, Arleen Bouscher, Iola Brown, Rebecca Braithwaite, McCoy Brown, Inez Cameron, Nicholas Dudley, Bettye Epps, Olivia Griffin, Amy Gosey, Henry Green, Margaret Guillory, Rudi Eagleson, Milton Johnson, Ellender Julian, Irene Johnson, David Little, Ruth Revis, Edna Valdry, James Smith, Eva Smith, Phyllis Troupe, Elsie Weston, West "Ted" Williams, Thad Wiltz, Donald Aubrey, Phyllis Pope, Jose Gonzalez, Ruben Palamaris, Elrena Dandy and Ruth Howard (Sisters of Tina Floyd), Ophelia Walker, Sheryl Cooper-McGinest, Naomi Sealey, Berenice Scott, Eva Anderson, Lucy Byrd, Zelandia Fero, Taylor Brown, Jordan Brown, David Lewis, Gerald Winn, Susan Hughes, Karla Martinez Ochaeta (niece of Carmen El-Khoury), Joshua Bolden, Warren Knox Jr., Edwin Thomas Sr., Barbara Ellis, Clyde Mitchell, Lloyd Moses, Oscar Antonio Romero, Thurman Johnson, Debra Stewart, Gary Elliott, Mario Toledo, Kelly Matthews, Angie Dupre, Shirley Miller, Emily Lewis, Basil Lewis, Mrs. Oliska Batiste, Tyrone Batiste, Santiago Zayas, Florentino Pulido, Genevieve Tobin, Ina Lewis (aunt of Monica Lewis and Carlotta Keaton), Julio Mejia, Maria Lopez, Adrianna Zelaya, those seeking employment, and those struggling to make ends meet during these tough times.

Church Bulletin Board

Monday, March 22, 2010 10:30am Journey through Bible
 7:00pm Bible Study
 7:00pm Spanish Renew
 7:00pm PPC Meeting

Tuesday, March 23, 2010 7:00pm Substance Abuse
 7:00pm Spanish Intercessory
 7:00pm Youth Group
 7:00pm Single Parent Family

Wednesday, March 24, 2010
 6:30pm Bereavement Workshop
 6:30pm MSC
 7:00pm Mariano Ministry
 7:00pm Spanish Baptism Class
 7:00pm Spanish Prayer Group

Thursday, March 25, 2010
 12:30pm Bible Study
 7:00pm Confirmation
 7:00pm Spanish Prayer Group

Friday, March 26, 2010 6:00pm Fish Fry
 6:30pm BDYC
 7:00pm Bible Study
 7:00pm Baptism Class

Saturday, March 27, 2010 9:00am Bereavement Ministry
 9:00am Spanish Prayer Group
 9:30am Religious Formation
 9:30am Spanish Bible Study
 11:00am Shining Faith Choir
 12:00pm Quilting

Sunday, March 28, 2010 9:00am Religious Formation
 12:30pm Jr. Knights/Daughters
 2:00pm Awe Drumming

Pastor's Letter

Do you remember the **Sylmar Earthquake of 1972?** Or the **Whittier Earthquake of 1987?** How about the **Northridge Earthquake of 1994?** Can you think of any other time that your home started to shake, pictures fell off of the walls, and dishes and glasses were shaken out of the kitchen cabinets and then smashed against the floor? Were you or any of your family members injured in any of these earthquakes? If so, being in the United States we are blessed with emergency response teams that can help the injured, and assist the survivors in digging out of the wreckage that used to be the home of a loving family.

In countries like **Haiti** and **Chile**, the infrastructure is not as well-developed, and the houses are not built to withstand the ground shaking and the tectonic plates shifting. As a result, hundreds of thousands of people have died in these recent earthquakes, many more were injured, and even more have lost their homes. That is where **Catholic Relief Services** steps in to assist those who are most in need.

Catholic Relief Services was started in the late 1940's, right after World War II, and now they serve the poor in over sixty countries throughout the world. In **2001**, soon after my ordination to the priesthood, I had an opportunity to visit **Cambodia**, a poor country in southeast Asia, and to spend some time with the people who work with **Catholic Relief Services** and to get a true experience of the wonderful work that they do with the poorest of the poor.

This weekend we will be taking up our annual **Second Collection** for **Catholic Relief Services** and we invite you to be as generous as your means will allow. Last month we held our benefit concert for Haiti and raised over \$8,000.00! But, as you can imagine, much more is needed. If you are not in a position to make a donation this weekend, please pick up one of the envelopes that are in the pews and return it to the church next weekend. We will make sure that your donation goes to assist those who need it the most!

May the Lord continue to bless us always and in all ways, *Father Paul*

A Special Thank You!

Thank you again to our Black History Month Committee members for all of their hard work to make the month a joyous celebration of our church, family, community, and culture ~ Javona Wright, Brenda & Kevin Rideau, Anita Alexander, Michael Williams, Marty Blount, Raphael Blount, Bridgett Vavasseur, Laura Scott-Mason, Dana Sims, Deacon Doug, Maude Wilkins, Sheila Thomas, and Monica Lewis. We also thank everyone who supported the Dessert Bar which raised \$200.00 for Catholic Relief Services work in Haiti.



Holy Name of Jesus School News!

A Warm Thank You to all HNOJ Parishioners for attending the School's OPEN HOUSE

This past Friday, March 12th and Sunday, March 14th

The attendance exceeded our expectations. Many more families have enrolled their children or have signed up to receive more information about our wonderful school.

We are still continuing our enrollment drive for the 2010-2011 school year.

How Can You Help?

Cut out the following “**Student Information Card**” and fill it out and return it to the school office to provide HNOJ School with information about a prospective student. It can be the children of your family members, your neighbors, or your friends. We will then do the follow-up by calling them and inviting them to visit the school and speak with us. Remind them that scholarships are available and the fact that no child has ever been turned away from HNOJ School because of money.

Coming Soon:

HNOJ School's “Evening of Music”

When: May 20, 2010 from 7:00 p.m. – 9:00 p.m.
Where: HNOJ Church, 2190 W. 31st Street,
Los Angeles, CA 90018
Price: \$10
Featuring: HNOJ Students

This is the one event you don't want to miss. Call the school at 323-731-2255 for more information!

Easter Breakfast & Boutique

The Junior Daughters are hosting an Easter Breakfast and Boutique on Sunday, March 21, 2010 after all Masses in the hall. Come and take pictures with the Easter Bunny!



Healthy Living...

March Is National Colorectal Cancer Awareness Month

Questions to Ask Your Doctor

Know Before You Go

Screening for colorectal cancer is recommended for men and women beginning at age 50. U.S. Preventive Services Task Force (USPSTF) guidelines for colorectal cancer screening include the following tests -

- Colonoscopy (once every 10 years).
- High-sensitivity fecal occult blood test, also known as a stool test (once a year).
- Flexible sigmoidoscopy (every 5 years).

The benefits and risks of these screening methods vary. Discuss with your doctor which test is best for you, and check with your insurance provider to find out which tests are covered by your insurance plan, and how much you will have to pay. Medicare helps pay for colorectal cancer screening.

Ask Your Doctor

Do I need to get a screening test for colorectal cancer?

- What screening test(s) do you recommend for me?
- How do I prepare? Do I need to change my diet or my usual medication schedule?
- What's involved in the test? Will it be uncomfortable or painful?
- Is there any risk involved?
- When and from whom will I get results?

If you're having a colonoscopy or sigmoidoscopy, you will want to know -

- Who will do the exam?
- Will I need someone with me?

If You're at Increased Risk

Some people are at increased risk because they have inflammatory bowel disease, a personal or family history of colorectal polyps or colorectal cancer, or genetic syndromes like familial adenomatous polyposis (FAP) or hereditary non-polyposis colorectal cancer (also known as Lynch syndrome). These people may need to start screening earlier than age 50. If you believe you are at increased risk, ask your doctor if you should begin screening earlier than age 50.

If You're Having Symptoms

Tell your doctor if you have any of these symptoms -

- Blood in or on your stool (bowel movement).
- Stomach pain, aches, or cramps that do not go away.
- Losing weight and you don't know why.

These symptoms may be caused by something other than cancer, but the only way to know what is causing them is to speak with your doctor about them.

For more information, log onto the Centers for Disease Control website: www.cdc.gov

DID YOU KNOW?**Abuse Prevention Training of Kids Nears 6 Million Mark**

Did you know that the Catholic Church in the U.S. has prepared more than 5.7 million children to recognize abuse and protect themselves? Age-appropriate child safety programs are mandatory throughout the Archdiocese of Los Angeles.

Please contact the parish office for more information about the safe environment training programs for children in our parish, or call the Archdiocesan Safeguard the Children Office: (213) 637-7227.

**SHARMAINE HAYLOCK, CHAIRPERSON
HOLY NAME CHURCH SAFEGUARD
THE CHILDREN COMMITTEE**

Office of Religious Education

- Please keep our Confirmation Classes in Prayer.
 - The Rite of Acceptance for RCIA Candidates are Christine Haylock and Salvador Alvarado. Please keep them in your prayers.
 - The next RCIA Meeting is Tuesday, March 23th. Penance Service at 7:30pm
- For more information, please contact Cathy Brown at (323) 734-8888 ext 2.

One LA Foreclosure Prevention Plan Meeting

700 million in Federal Funding is being made available for Californians Facing Foreclosures. Let's come together 7:00 p.m. on Monday, March 22, 2010 at Transfiguration Catholic Church Hall, 2515 W. Martin Luther King Blvd., to ensure these federal funds will be utilized in our community by using the One LA Foreclosure Prevention Plan which requires "principal reduction". The City of Los Angeles and St. Vincent De Paul will be using this plan to help homeowners in our neighborhood. Let's make sure this plan is adopted by our State!!! If you have questions about this meeting, please call Yvette at (213) 689-7416. Spread the word!

For Sale

Brand New 2009 in the box, never been open, Goodman Gas Furnace 95% AFUE performance. The heat exchange has a 10 year warranty as well as all the functional parts. Replacement is free. Please get in touch with Ardis at 323-298-7766.

Men's Annual Retreat –First Call

This is the First Call to sign-up for our annual parish Men's Retreat at Mater Dolorosa Retreat Center on April 16, 2010. All Men of the Parish are invited. Calls now; don't miss this chance for spiritual renewal with your fellow parishioners. Phone your reservation in to Clyde Sparrow at 323-770-4708 or 213-392-1916.

Stewardship Report***Stewardship: A Definition from Scripture***

Without cost you have received; without cost you are to give.

-Matthew 10:8

Current Year:

March 14, 2010 = \$ 7,212.00

Two Previous Years:

March 8, 2009 = \$ 11,709.00

March 9, 2008 = \$ 9,729.78

Thank you for your generosity!

**CHOOSEWELL 1ST MINISTRIES
"WHAT MAKES A GOOD DAD?"
A PARISH SURVEY**

Ladies of all ages, you are invited to participate in a survey that we pray will make a huge difference in the lives of women, children, and families throughout our community.

Tell us what makes a good dad. That's right, what makes a good dad? Tell us in your own words.

Fill out the "What makes a good dad" form located on the bulletin table at the church entrance.

Drop your responses in the "What Makes a Good Dad" box. We will announce selected responses at a date to be announced.

Your participation will help us to better serve our families in Christ, so please fill out the "What Makes a Good Dad" form today or fill it out and bring it back next Sunday. "Dads Survey" is sponsored by Choosewell 1st Ministries. For more information, contact Holy Name of Jesus office 323-734-8888 ext. 1.