

M A S S S C H E D U L E**Monday 2/8 7:30am Fr. Spellman**

1 Kings 8:1-7, 9-13
 Psalm 132:6-10
 Mark 6:53-56

Tuesday 2/9 7:30am Fr. Idomele

1 King 8:22-23, 27-30
 Psalm 84:3-5, 10-11
 Mark 7:1-13

Wednesday 2/10 7:30am Fr. Spellman

1 Kings 10:1-10
 Psalm 37:5-6, 30-31, 39-40
 Mark 7:14-23

Thursday 2/11 7:30am Fr. Idomele

1 Kings 11:4-13
 Psalm 106:3-4, 35-37, 40
 Mark 7:24-30

Friday 2/12 7:30am Fr. Spellman

1 Kings 11:29-32; 12:19
 Psalm 81:10-15
 Mark 7:31-37

**Saturday 2/13 7:30am Fr. Spellman
4:30pm Fr. Idomele**

1 Kings 12:26-32; 13:33-34
 Psalm 106:6-7, 19-22
 Mark 8:1-10

**Sunday 2/14
Sixth Sunday In Ordinary Time**

8:00am Fr. Spellman
10:00am Fr. Spellman
12:30pm Fr. Spellman

Jeremiah 17:5-8
 Psalm 1:1-4, 6
 1 Corinthians 15:12, 16-20
 Luke 6:17, 20-26

CDs of Sunday Masses are available in the Church
 Office on Tuesday of each week.

In need of our prayers...

Ethel Allen, Genevieve Alexander, Susan Augustine, Arleen Bouscher, Iola Brown, Rebecca Braithwaite, McCoy Brown, Inez Cameron, Nicholas Dudley, Bettye Epps, Olivia Griffin, Amy Gosey, Henry Green, Margaret Guillory, Rudi Eagleson, Milton Johnson, Ellender Julian, Irene Johnson, David Little, Ruth Revis, Edna Valdry, James Smith, Eva Smith, Phyllis Troupe, Elsie Weston, West "Ted" Williams, Mary Wiley, Thad Wiltz, Donald Aubrey, Phyllis Pope, Jose Gonzalez, Ruben Palamaris, Elrena Dandy and Ruth Howard (Sisters of Tina Floyd), Ophelia Walker, Sheryl Cooper-McGinest, Naomi Sealey, Berenice Scott, Eva Anderson, Lucy Byrd, Zelandia Fero, Taylor Brown, Jordan Brown, David Lewis, Gerald Winn, Susan Hughes, Karla Martinez Ochaeta (niece of Carmen El-Khour), Joshua Bolden, Warren Knox Jr., Edwin Thomas Sr., Barbara Ellis, Clyde Mitchell, Lloyd Moses, Oscar Antonio Romero, Thurman Johnson, Edna Bendy, Debra Stewart, Gary Elliott, Mario Toledo, Kelly Matthews, Angie Dupre, Shirley Miller, Emily Lewis, Basil Lewis, Mrs. Oliska Batiste, Tyrone Batiste, Santiago Zayas, Florentino Pulido, Genevieve Tobin, those seeking employment, and those struggling to make ends meet during these tough times.

Church Bulletin Board

Monday, Feb 8, 2010 7:00pm Bible Study
7:00pm Spanish Renew
7:00pm Lector
7:00pm School Board mtg

Tuesday, Feb 9, 2010 7:00pm Substance Abuse
7:00pm Spanish Intercessory
7:00pm Youth Group

Wednesday, Feb 10, 2010 6:30pm MSC
7:00pm Mariano Ministry
7:00pm Spanish Baptism Class
7:00pm Spanish Prayer Group

Thursday, Feb 11, 2010 12:30pm Bible Study
7:00pm Confirmation
7:00pm Spanish Prayer Group

Friday, Feb 12, 2010 6:30pm BDYC
7:00pm Bible Study
7:00pm Baptism Class

Saturday, Feb 13, 2010 9:30am Religious Formation
9:30am Spanish Bible Study
11:00am Seniors
12:00pm Girl Scouts
5:00pm Setup
8:00pm Dance

Sunday, Feb 14, 2010 9:00am Religious Formation
2:00pm Awe Drumming

Pastor's Letter

As I do each quarter, I wanted to update you on the financial condition of our parish. I do not need to remind you of the economic problems facing our country, and even though the stock market is rebounding (thanks to all of the government bailout money that has gone to AIG and many Wall Street firms such as Goldman Sach and Morgan Stanley), the unemployment rate is still over **12%** here in California.

As you can tell from reading the Stewardship reports in the bulletin each week, our weekly Collections have been impacted by the state of our economy. Last year our Collections dropped by 5% compared to the previous years. This year we are about 2.5% ahead of the previous six months. And, of course, our expenses continue to rise as prices go up. For the first six months of this fiscal year our expenses exceeded our income by almost **\$10,000.00**.

Last week we mailed out letters to each of the families in our parish thanking them for the donations that they have made during this past year (2009) and the previous year (2008). We send these letters as a way of saying **THANK YOU** for your donations, and as a means of enabling you to take the tax deduction for what you have offered to the Church. If you have not yet received your letter, please call me or Shannon in the Parish Office and we will confirm with you that we have your correct address and then we re-send your letter.

In preparing these letters, I prepared an analysis of the donations of our parishioners during the past year. We have approximately **1,000** registered families here at Holy Name of Jesus Church. Approximately half of our families receive pre-printed envelopes in the mail, and about half of those families use their pre-printed envelopes on a regular basis. Other families use the blue envelopes that are in the pews, or they use the yellow envelopes that we distributed last fall. All of your donations are recorded in our parish data system and credited to your family. Here is the 2009 breakdown of donations to Holy Name of Jesus Church:

- 1) We have **50** families who gave at least **\$2,000.00** to our church last year. This means that they averaged a minimum of **\$40.00** per week. (However **40** of those families gave significantly more than \$40.00 per week.)
- 2) We have **80** families who contributed **between \$1,000.00 and \$2,000.00** to our church last year. This is an average of between **\$20.00 and \$40.00** per week.
- 3) We have **40** families who contributed **between \$750.00 and \$1,000.00** to our church last year. This is an average of between **\$ 15.00 and \$ 20.00** per week.
- 4) We have **60** families who contributed **between \$500.00 and \$750.00** to our church last year. This is an average of between **\$ 10.00 and \$ 15.00** per week.
- 5) We have **130** families who contributed **between \$250.00 and \$500.00** to our church last year. This is an average of between **\$ 5.00 and \$10.00** per week.
- 6) We have **140** families who contributed **between \$100.00 and \$250.00** to our church last year. This is an average of between **\$ 2.00 and \$ 5.00** per week.
- 7) The remaining **500** families in our parish gave **less than \$100.00** to our church last year. This represents **half of our registered parishioners**, and they gave an average of **ninety-three cents per week**.

In looking at these figures, we must all ask ourselves: "**How much has God given to my family? Can I possibly count the blessings that Our Savior has bestowed on us?**" And then we must ask ourselves, "**How much has our family given to God and God's Church? Am I only giving God a weekly contribution that is equivalent to the cost of a cup of coffee?**" These are challenging questions, and we must answer them honestly.

If we still have our jobs, and we are still able to pay our bills each month, are we willing to make our contributions to the Church just as important as the checks we mail each month for our cell phones, and cable television, and any other luxuries that we may enjoy? The Church does not ask you to contribute the same as your rent, or your mortgage payment, or your utility bills. But let's take an honest look at what we spend on our own enjoyment, and then look at how much we give to God and God's Church.

For each family the contribution to the Church will be dependent on many different factors. But, if you are in the group that gives eighty-seven cents per week to the Church, I invite you to consider giving \$ 5.00 or \$10.00 or \$15.00 to the church each week. After all, do we not spend at least as much on ourselves each week?

Once again, I want to give thanks to God for each person who comes into our Church to pray, and a special thank you to God for each member of our parish who gives of their **Time**, their **Talent**, and their **Treasure!**

May the Lord continue to bless us always and in all ways, *Father Paul*

HNOJ School News

Come on out and support our Boys and Girls Basketball Teams as they compete in the CYO Tournament. Please see the schedule below for dates, places and times:

HNOJ Bruins

February 13th – HNOJ vs. Ascension at 4:00 p.m. at Serra High School

February 20th – HNOJ vs. St. Anthony at 4:00 p.m. at Serra High School

Come cheer on our Bruins boys and girls.

Gratitude is Golden

A warm thank you to the following parishioners who have responded to Holy Name of Jesus School’s Annual Fund Appeal for 2009/2010:

- | | |
|--|----------------------------------|
| Jenny Millender: Friend of HNOJ | Gloria Banner: Friend of HNOJ |
| John Takenaka: Friend of HNOJ | Claudia Osorio: Friend of HNOJ |
| Muriel Wallace: Friend of HNOJ | Shirley Coburn: Friend of HNOJ |
| David Leech: Friend of HNOJ | Eva Mai Smith: Bronze Donor |
| Deniche Francis: Bronze Donor | Basilia Rosales: Bronze Donor |
| Verna Lipscomb: Silver Donor | Donna Finley: Silver Donor |
| Ella Jackson: Gold Donor | Martha Hamiter: Gold Donor |
| Brenda Harris: Diamond Donor | Joe Elady: Platinum Donor |
| Christine Moore: Platinum Donor | Henry Grayson: Platinum Donor |
| Barbara James: Platinum Donor | Norma Mitchell: Platinum Donor |
| L.R. LaBorde: Platinum Donor | Paul Bay: Platinum Donor |
| Marsha Barnes: Platinum Donor | Jeffrey Upperman: Platinum Donor |
| James/Janice White: Bronze Donor | |
| Dc. Alejandro/Carmen Marin: Bronze Donor | |

The appeal will run for the remainder of January. Kindly get in touch with the school if you have not received your appeal forms in the mail. Thank you to all our donors and may God continue to richly bless you. You are making a difference in the lives of our students through your kind contribution.

HNN TV – Holy Name News Hits the Airwaves



The Student Council started the first week of school to do televised student assemblies seen by students on the televisions in their classrooms. The effort integrates the use of technology in the classroom, strengthens the leadership capacity of the students and increases motivation. The students prepare and conduct the assemblies with guidance from faculty.

We are still in need of video equipment. If you would like to donate a tripod, video camera, etc., please call the school office.
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Save the Date!!!

The 50 Plus Club is hosting a Fundraiser on Saturday, March 27, 2010 to San Manuel Casino. Please call Lorraine Sparrow for information 323-734-8978.

Healthy Living...

You can prevent or delay the onset of type 2 diabetes through a healthy lifestyle. Change your diet, increase your level of physical activity, maintain a healthy weight...with these positive steps, you can stay healthier longer and reduce your risk of diabetes.

Many things affect your risk for type 2 diabetes, heart disease, and stroke. Some of these things, like your weight and how much you exercise, you can change. Other things, like your age or your family history, you can't change. But being aware of them can help you take smart steps to lower your risk.

Age

As you get older, your risk for type 2 diabetes, heart disease, and stroke goes up. For example, more than 8 in 10 Americans aged 65 and older die from heart attacks. There's nothing you can do about getting older, but you can take steps to eat healthy, stay active, and manage your weight. And talk with your doctor about your cholesterol, blood pressure, and blood glucose. Make sure your numbers are where they should be and, if they're not, work with your doctor to set target numbers that are right for you.

Race

People of different racial and ethnic groups are more likely to develop type 2 diabetes, heart disease, and stroke. African Americans, Mexican Americans, American Indians, Native Hawaiians, Pacific Islanders and Asian Americans have a higher risk for these deadly diseases. This is partly because these populations are more likely to be overweight, have high blood pressure, and have type 2 diabetes.

Gender

Whether you're male or female also affects how likely you are to develop heart disease. Men are more likely to develop heart disease. But once a woman reaches menopause, her risk for heart disease goes up. But even then, women still aren't as likely as men.

Family History

If your mother, father, sister, or brother has heart disease or diabetes, your risk goes up. If you don't know your family history, ask. Ask your parents, aunts, and uncles if anyone in your family has had type 2 diabetes, heart disease, or stroke. Then tell your doctor what you learn so you can make a plan to lower your risk. For more information, log onto www.dabetes.org

Black History Mass at the Cathedral

Our own priest in residence, Father Joseph Idomele, is the featured homilist at this year's Black History Mass, which will be celebrated on Saturday, February 20, 2010, at 5:00 p.m. at the Cathedral of Our Lady of the Angels, Downtown Los Angeles. Bus transportation to this exciting and spirit-filled event is available for \$5.00 per person. Sign up after mass at the side of the church.

DID YOU KNOW?**What Is the National Review Board?**

The United States Conference of Catholic Bishops established the National Review Board (NRB) during their meeting in June of 2002. The purpose of the NRB is to collaborate with the USCCB in preventing the sexual abuse of minors in the United States by persons in the service of the Church. To view a video interview with Ms. Diane Knight, Chair of the NRB, about the board's work, please visit: www.usccb.org/ocyp/

**SHARMAINE HAYLOCK, CHAIRPERSON
HOLY NAME CHURCH SAFEGUARD
THE CHILDREN COMMITTEE**

***Black History Month 2010
"An Unlimited Celebration;
Church, Family, Community, and Culture"***

Sunday, February 14th

Join us for the second Sunday of Black History Month with Guest Speaker Floy Hawkins. We will have our traditional New Orleans Second Line Entrance Procession. There will be a Market Place and Soul Food dinner in the parish hall after the 8am and 10am masses. Cost is \$7.00 and includes dinner, dessert and beverage. Healthier alternatives are available! There will be a Dessert Delights International Dessert Bar with proceeds benefiting Catholic Relief Services' work in Haiti. Please donate your favorite homemade International dessert and bring to the hall after the 8am mass. Wear your African / Cultural attire and bring a friend! If you would like to be a vendor for the health fair (2/21), please call the parish office and leave your name and number.

Men's Annual Retreat –First Call

This is the First Call for sign-up for our annual parish Men's Retreat at Mater Dolorosa Retreat Center on April 16, 2010. All Men of the Parish are invited. Call now- don't miss this chance for spiritual renewal with your fellow parishioners. Phone your reservation to Clyde Sparrow at 323-770-4708 or 213-392-1916.

Office of Religious Education

- Please keep our Confirmation Classes in Prayer.
- The Rite of Acceptance for RCIA Candidate Christine Haylock and Salvador Alvarado please keep them in your prayers

For more information, please contact Cathy Brown at (323) 734-8888 ext 2.

Parish Photo Directory

If you missed taking your picture with Olan Mills and would like a Family Portrait to be in the Parish Photo Directory please submit a photo to the Church office by Monday, February 8, 2010..

All ministries that wish to have their picture in the Photo Directory need to submit it to the church office no later than Monday, February 8, 2010.

Stewardship Report***Stewardship: A Definition from Scripture***

Without cost you have received; without cost you are to give.

-Matthew 10:8

Current Year:

January 31, 2010 = \$ 8,621.00

Two Previous Years:

January 25, 2009 = \$ 7,337.41

January 27, 2008 = \$ 6,299.86

Thank you for your generosity!

A few friendly reminders...

- **Children under the age of 13 will have to be accompanied by an adult when going to the restroom...**
- **No teenagers can accompany a younger child to the restroom unless they are over the age of 18...**
- **The crying room is for parents with babies only. All others will be asked to leave...**
- **Children must sit with their parents at all times during the mass services...**
- **Ushers will escort unsupervised children to their parents...**
- **When arriving late for mass, you will be requested to remain in the church lobby until directed by an usher...**
- **Turn cell phones and pagers off when entering church...**
- **No gum, food or drinks in the church!!!!**