

**M A S S S C H E D U L E**

**Monday 12/28 7:30am Fr. Spellman**

1 John 1:5-2:2  
Psalm 124:2-5, 7-8  
Matthew 2:13-18

**Tuesday 12/29 7:30am Fr. Spellman**

1 John 2:3-11  
Psalm 96:1-3, 5-6  
Luke 2:22-35

**Wednesday 12/30 7:30am Fr. Idomele**

1 John 2:12-17  
Psalm 96:7-10  
Luke 2:36-40

**Thursday 12/31 7:30am Fr. Spellman**  
**8:30pm Fr. Idomele**

1 John 2:18-21  
Psalm 96:1-2, 11-13  
John 1:1-18

**Friday 1/1 10:00am Fr. Spellman**  
**12:30pm Fr. Spellman**

Numbers 6:22-27  
Psalm 67:2-3, 5-6, 8  
Galatians 4:4-7  
Luke 2:16-21

**Saturday 1/2 7:30am Fr. Spellman**  
**4:30pm Fr. Spellman**

1 John 2:22-28  
Psalm 98:1-4  
John 1:19-28

**Sunday 1/3**  
**The Epiphany of the Lord**

**8:00am Fr. Idomele**  
**10:00am Fr. Spellman**  
**12:30pm Fr. Spellman**

Isaiah 60:1-6  
Psalm 72:1-2, 7-8, 10-13  
Ephesians 3:2-3, 5-6  
Matthew 2:1-12

CDs of Sunday Masses are available in the Church Office on Tuesday of each week.

**In need of prayers...**

Ethel Allen, Genevieve Alexander, Susan Augustine, Arleen Bouscher, Iola Brown, Rebecca Braithwaite, McCoy Brown, Inez Cameron, Nicholas Dudley, Bettye Epps, Olivia Griffin, Amy Gosey, Henry Green, Margaret Guillory, Rudi Eagleson, Milton Johnson, Ellender Julian, Irene Johnson, David Little, Ruth Revis, Edna Valdry, James Smith, Eva Smith, Phyllis Troupe, Elsie Weston, West "Ted" Williams, Mary Wiley, Thad Wiltz, Donald Aubrey, Phyllis Pope, Jose Gonzalez, Ruben Palamaris, Elrena Dandy and Ruth Howard (Sisters of Tina Floyd), Ophelia Walker, Sheryl Cooper-McGinest, Naomi Sealey, Berenice Scott, Eva Anderson, Lucy Byrd, Zelandia Fero, Taylor Brown, Jordan Brown, David Lewis, Gerald Winn, Susan Hughes, Karla Martinez Ochaeta (niece of Carmen El-Khoury), Joshua Bolden, Warren Knox Jr., Edwin Thomas Sr., Barbara Ellis, Clyde Mitchell, Lloyd Moses, Oscar Antonio Romero, Thurman Johnson, Edna Bendy, Debra Stewart, Gary Elliott, Herbie King, Mario Toledo, Kelly Matthews, Angie Dupre, Shirley Miller, Emily Lewis, Basil Lewis, Mrs. Oliska Batiste, those seeking employment, and those struggling to make ends meet during these tough times.

**Church Bulletin Board**

**Monday, Dec 28, 2009** 7:00pm Bible Study  
7:00pm Renew 2000 (Spanish)  
7:00pm Journey through the Bible

**Tuesday, Dec 29, 2009** 7:00pm RCIA  
7:00pm Substance Abuse  
7:00pm Spanish Intercessory  
7:00pm Youth Group

**Wednesday, Dec 30, 2009** 6:30pm MSC  
7:00pm Mariano Ministry  
7:00pm Spanish Baptism Class

**Thursday, Dec 31, 2009** 12:30pm Bible Study  
7:00pm Confirmation  
7:00pm Spanish Prayer Group

**Friday, Jan 1, 2010** Happy New Year!

**Saturday, Jan 2, 2010** ++++++

**Sunday, Jan 3, 2009** ++++++

**LA Marathon 2010**

It is time to get ready for the 2010 Los Angeles Marathon; on a new date and a new route, "from the stadium to the sea". The 2010 LA Bike tour will not be held on the day of the marathon. It has been postponed until a later date. For registration and more information go to [www.lamarathon.com](http://www.lamarathon.com).

### Pastor's Letter

Today is the **Feast of the Holy Family**, and now that we have celebrated the birth of our Savior, perhaps this is a good time to reflect on **the Holy Family of Jesus, Mary, and Joseph**. As we know from Scripture, they did not have an easy time of it. They had to leave their home town of Nazareth to go to Bethlehem to be counted in the census. Then they had to find comfort in the stable where Jesus was born. After the visit from the wise men and the shepherds, they had to flee to Egypt due to the murderous threats of King Herod. Finally they were able to return to their home in Nazareth, where Jesus grew in grace and wisdom.

*As we contemplate the life of the Holy Family, let us also look at our own families.* While we are not perfect, do we strive to be a loving and caring father, mother, son, or daughter? Do we treat our family members as well as we treat our co-workers or neighbors? Do we gather together as a family to pray, to enjoy meals together, and to share our stories of the day's activities? In today's world we are bombarded with phone calls, emails, text messages, and all sorts of other interruptions that prevent us from having quality times with our loved ones. When I was growing up, in the days before cell phones and answering machines, my father would not answer the phone if it rung while we were eating dinner or praying together. Once we got to be teen-agers, and started getting our own calls, Dad's rules started to get more flexible. But then he went right back to his belief that family time should not be interfered with by someone calling during the dinner hour.

*Unfortunately many families in our world today are split apart by anger, confusion, abuse or neglect.* And those who are trying to hold the nucleus of the family together are struggling just to get everyone together for a few moments of family time. Single parents are faced with numerous challenges, and, as a church and a parish community, we are called to support one another in our time of need. Lonnell McBroom Sr., one of the members of our parish, is organizing a **Single Parent Family Support Group Ministry** here at Holy Name of Jesus Church. The mission of this ministry will be *to empower single parents by providing them with the training and resources they need to help them grow as individuals and enable them to build and maintain sound, loving, and Christ-centered families.* In early January Lonnell will be providing more information as to the date and time of the first meeting, and he will be sharing his ideas with those who wish to be part of this important ministry. Please watch the bulletin for more details!

**This Thursday night (New Year's Eve) we will gather in our church for a Mass of Healing and Reconciliation and on Friday we will begin another new year; with much to look forward to.** Hopefully this year my New Year's Resolutions will last longer than the football bowl games that end the second week of January! But, we must always remember, each day is a new day, and each day is a gift from God. Let us use our gifts wisely in 2010!

May the Lord continue to bless us always and in all ways, *Father Paul*



## HNOJ School News

Approximately 130 preschool students and their parents spent a blessed morning December 15, 2009 at Holy Name of Jesus School. The students and their parents were special invited guests to the school's Pre-schools Appreciation Day. The school's band, cheerleaders, praise and modern dance team were among the performers that entertained the preschool students. Later in the program, HNOJ students joined the preschoolers in singing Christmas songs. The students also took photographs with Santa Claus and received a Christmas toy courtesy of HNOJ students.



## HNOJ launches Annual Fund Appeal

A warm thank you to the following parishioners who have responded immediately to Holy Name of Jesus School's Annual Fund Appeal for 2009:

Jenny Millender  
Verna Lipscomb  
Gloria Banner  
John Takenaka  
Ella Jackson  
Martha Hamiter

The appeal will run for the remainder of December and early January. Kindly get in touch with the school if you have not received your Christmas Greetings and appeal forms in the mail. Thank you to all our donors and may God continue to richly bless you! You are making a difference in the lives of our students through your kind contribution.

## Stewardship Report

### Stewardship: A Definition from Scripture

*Without cost you have received; without cost you are to give.*

*-Matthew 10:8*

### Weekly Collections

#### Current Year:

December 20, 2009 = \$ 8,974.00

#### Two Previous Years:

December 21, 2008 = \$ 8,321.64

December 16, 2007 = \$ 8,083.00

**Thank you for your generosity!**

## Healthy Living...

### Stress, depression and the holidays: 10 tips for coping

Stress and depression can ruin your holidays and hurt your health. Being realistic, planning ahead and seeking support can help ward off stress and depression.

By Mayo Clinic staff ([www.mayoclinic.com](http://www.mayoclinic.com))

The holiday season, which begins for most Americans with Thanksgiving and continues through New Year's Day, often brings unwelcome guests — stress and depression. And it's no wonder. In an effort to pull off a perfect holiday, you might find yourself facing a dizzying array of demands — parties, shopping, baking, cleaning and entertaining, to name a few. So much for peace and joy, right?

Actually, with some practical tips, you can minimize the stress and depression that often accompany the holidays. You may even end up enjoying the holidays more than you thought you would.

### Recognize holiday triggers

Learn to recognize common holiday triggers, so you can disarm them before they lead to a meltdown:

- **Relationships.** Relationships can cause turmoil, conflict or stress at any time, but tensions are often heightened during the holidays. Family misunderstandings and conflicts can intensify — especially if you're thrust together for several days. On the other hand, facing the holidays without a loved one can be tough and leave you feeling lonely and sad.
- **Finances.** With the added expenses of gifts, travel, food and entertainment, the holidays can put a strain on your budget — and your peace of mind. Not to mention that overspending now can mean financial worries for months to come.
- **Physical demands.** Even die-hard holiday enthusiasts may find that the extra shopping and socializing can leave them wiped out. Being exhausted increases your stress, creating a vicious cycle. Exercise and sleep — good antidotes for stress and fatigue — may take a back seat to chores and errands. To top it off, burning the wick at both ends makes you more susceptible to colds and other unwelcome guests.

**Kwanzaa**  
*A Celebration of Family,  
Community and Culture*

Today, the second day of Kwanzaa is a celebration of Kujichagulia, self determination — to define ourselves, name ourselves, create for ourselves and speak for ourselves. Amen!



**DID YOU KNOW?**

**ALWAYS KEEP AN UP-TO-DATE PHOTO OF YOUR CHILD**

Picture this: A good photo could save a child’s life. One of the most important tools for law enforcement in the case of a missing child is an up-to-date (take a new one every six months), good –quality photograph. The photograph should be recent head – and –shoulders of the child in which the face is clearly seen. It should be of school- portrait quality, and the background should be in a digitized form and available on a compact disk (CD), as opposed to just a hard copy. This minimizes the time necessary to scan, resize, and make color correction before disseminating it to law enforcement. The photograph should have space for accurate, narrative description useful to identify the child, such as name, nickname, height, weight, sex, age, eye color, identifying marks, glasses, and braces.

**SHARMAINE HAYLOCK, CHAIRPERSON  
HOLY NAME CHURCH SAFEGUARD  
THE CHILDREN COMMITTEE**

**Together In Mission**

As we come to the end of the year, it is time to make the final payments on our **Together In Mission** pledges that we made last spring. Together In Mission is the Bishop's Annual Appeal where by low income schools and parishes receive financial assistance from the 297 parishes throughout the Archdiocese. **We are currently about \$12,000 short of our goal, and the deficit must be made up from parish funds.** If you have made a pledge to Together In Mission and have not paid your balance in full, please send your check to the parish office or directly to Together In Mission in the envelope that they have provided. If you have not made a pledge, we invite you to do so. Please make your check payable to **Together In Mission** and send it to us in the parish office, or simply drop it in the weekly collection with a note stipulating that it is for Together In Mission.

Remember, **our school receives over \$35,000 each year** through the generosity of families who contribute to Together In Mission. And, last year, our parish received an additional **\$58,000** in funds from Together In Mission for the remodel of the exterior of the Rectory. Please be as generous as your means will allow.

**Religious Formation Schedule for December 2009  
CCD**

Saturday, December 5, 2009 9:30-11:00  
Sunday, December 6, 2009 9:00-10:00  
Saturday, December 12, 2009 9:30-11:00  
Sunday, December 13, 2009 9:00-10:00  
Saturday, December 19, 2009 9:30-11:00 Christmas Party  
Sunday, December 20, 2009 9:00-10:00  
**Christmas break December 26- January 2, 2010**

**Class resumes:**

Saturday, January 9, 2010 9:30-11:00  
Sunday, January 10, 2010 9:00-10:00

**Confirmation**

First year -Thursday, December 3<sup>rd</sup> & 17<sup>th</sup> 7:00pm-8:30pm in the Acacia Center. Classes resume on January 7, 2010.

Second year - Thursday, December 10, 2010 7:00pm-8:30pm in the Acacia Center. Classes Resume on January 14, 2010

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**Holy Name of Jesus School Students putting the Gospel into Action**

We are proud to announce that the students of Holy Name of Jesus School and the Religious Formation Program (CCD) are actively engaging in the Corporal Works of Mercy (Matthew 25:40).

The fifth through eighth grades will be visiting the residents of St John of God and the Western Ave. Convalescent homes during the Advent Season.

The sixth through eighth grade will be visiting preschools in our neighborhood on December 16th and 17th.

**Mass Schedule for the New Year**

**Thursday, Dec. 31<sup>st</sup> - New Year’s Eve**  
7:30am - Mass (English)  
11:30pm – Healing Mass (English) - Father Joseph

**Friday, Jan. 1<sup>st</sup> - Mary, the Mother of God**  
10:00am - Mass (English)  
12:30pm - Mass (Spanish)

A parishioner has a Duplex/Apartment for rent. Please call Carole Hawkins for more information, (323) 733-3657.