

**M A S S S C H E D U L E****Monday 12/14 7:30am Fr. Spellman**

Numbers 24:7, 15-17  
 Psalm 25:4-9  
 Matthew 21:23-27

**Tuesday 12/15 7:30am Fr. Idomele**

Zephaniah 3:1-2, 9-13  
 Psalm 34:2-3, 6-7, 17-19, 23  
 Matthew 21:28-32

**Wednesday 12/16 7:30am Fr. Spellman**

Isaiah 45:6-8, 18, 21-25  
 Psalm 85:9-14  
 Luke 7:18-23

**Thursday 12/17 7:30am Fr. Idomele**

Genesis 49:2, 8-10  
 Psalm 72:1-4, 7-8, 17  
 Matthew 1:1-17

**Friday 12/18 7:30am Fr. Spellman**

Jeremiah 23:5-8  
 Psalm 72:1-2, 12-13, 18-19  
 Matthew 1:18-25

**Saturday 12/19 7:30am Fr. Spellman  
4:30pm Fr. Spellman**

Judges 13:2-7, 24-25  
 Psalm 71:3-6, 16-17  
 Luke 1:5-25

**Sunday 12/20****Fourth Sunday of Advent**

**8:00am Fr. Spellman**  
**10:00am Fr. Idomele**  
**12:30pm Fr. Spellman**

Micah 5:1-4  
 Psalm 80:2-3, 15-16, 18-19  
 Hebrews 10:5-10  
 Luke 1:39-45

CDs of Sunday Masses are available in the Church  
 Office on Tuesday of each week.

**In need of prayers...**

Ethel Allen, Genevieve Alexander, Susan Augustine, Arleen Bouscher, Iola Brown, Rebecca Braithwaite, McCoy Brown, Inez Cameron, Nicholas Dudley, Bettye Epps, Olivia Griffin, Amy Gosey, Henry Green, Margaret Guillory, Rudi Eagleson, Milton Johnson, Ellender Julian, Irene Johnson, David Little, Ruth Revis, Edna Valdry, James Smith, Eva Smith, Phyllis Troupe, Elsie Weston, West "Ted" Williams, Mary Wiley, Thad Wiltz, Donald Aubrey, Phyllis Pope, Jose Gonzalez, Ruben Palamaris, Elrena Dandy and Ruth Howard (Sisters of Tina Floyd), Ophelia Walker, Sheryl Cooper-McGinest, Naomi Sealey, Berenice Scott, Eva Anderson, Lucy Byrd, Zelandia Fero, Taylor Brown, Jordan Brown, David Lewis, Gerald Winn, Susan Hughes, Karla Martinez Ochaeta (niece of Carmen El-Khour), Joshua Bolden, Warren Knox Jr., Edwin Thomas Sr., Barbara Ellis, Clyde Mitchell, Lloyd Moses, Oscar Antonio Romero, Thurman Johnson, Edna Bendy, Debra Stewart, Gary Elliott, Herbie King, Mario Toledo, Kelly Matthews, Angie Dupre, Shirley Miller, Emily Lewis, Basil Lewis, Mrs. Oliska Batiste, those seeking employment, and those struggling to make ends meet during these tough times.

**Church Bulletin Board**

**Monday, Dec 14, 2009** 7:00pm Bible Study  
 7:00pm Renew 2000 (Spanish)  
 7:00pm Lector  
 7:00pm School board

**Tuesday, Dec 15, 2009** 7:00pm RCIA  
 7:00pm Substance Abuse  
 7:00pm Spanish Intercessory  
 7:00pm Discipleship Mtg

**Wednesday, Dec 16, 2009** 6:30pm MSC  
 7:00pm Mariano Ministry  
 7:00pm Spanish Baptism Class

**Thursday, Dec 17, 2009** 12:30pm Bible Study  
 7:00pm Confirmation  
 7:00pm Spanish Prayer Group

**Friday, Dec 18, 2009** 6:30pm BDYC  
 7:00pm Bible Study  
 7:00pm Baptismal Class

**Saturday, Dec 19, 2009** 9:30am Religious Formation  
 9:30am Bible Study  
 12:00pm Girl Scouts

**Sunday, Dec 20, 2009** 9:00am Religious Formation  
 2:00pm Awe Drumming



**Pastor's Letter**

Today we celebrate **Gaudette Sunday**, the **third Sunday of Advent**. With the joy of Christ in our hearts we continue our time of watching and waiting as we prepare to celebrate the birth of Our Savior. Each Sunday we light the candles on the Advent Wreath, with an additional candle being lit each week as the Light of Christ grows brighter in our hearts. Next Sunday all of the candles will be lit as we gather for the last Sunday before Christmas.

The **Advent Wreath** is **circular**; with no beginning and no end. It is the customary symbol of *eternity*. The **evergreen plants** are reminders of *continuous life*, as these plants grow all year long. **The three purple candles** symbolize a time of *prayer and penance* as we await the birth of Jesus. Today we light the **pink or rose-colored candle**, as a sign of *joy* as we have reached the mid-point of our Advent season.

When I was a child growing up, our family followed the normal sequence of lighting the candles on the Advent Wreath before we ate dinner. The **first week**, one purple candle was lit by the youngest child (my sister Joyce). The **second week** two candles were lit by the oldest child (big brother Mike). In the **third week** the rose-colored candle was lit by our Mom. (I figured that she got to light the pink one because girls wear pink and boys wear blue!) During the **fourth week** of Advent all four candles were lit by our Dad. (I will have to admit, that our parents let all four of us children share in the lighting of the candles, even though my sister Karen and I were not in the "official rotation" of the season!) We were very organized in our system of lighting the candles each night. When it came to blowing them out, that was another story! I guess we all figured that since Jesus would not be physically here to blow out His birthday candles, He needed all the help He could get during the time of Advent!

As we enter into these last days of preparation for Christmas, let us not be distracted by the commercialism and the secular media who seem to be intent on making sure that our credit cards are maxed out by Christmas Eve. Let us truly enter into the spirit of the season, and gather our families together as we celebrate the Light of Christ in our lives.

May the Lord continue to bless us always and in all ways, **Father Paul**

**St Vincent De Paul**

The Los Angeles Council of St. Vincent de Paul Society will sponsor Bundle Sunday from Saturday, December 12th after the 4:30pm mass until Sunday, December 13th until 2:00pm. Your donated items of clothing, household goods, furniture, or any items that could be sold in the Society's warehouse or given to needy families will be collected. The truck will be here to pick up your usable articles that are too precious to throw away, but treasured by those in need. Receipts will be given to you for your tax records.

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**We Need Your Help!**

**The Altar Society needs help decorating the Church for Christmas. They will be decorating the church on Tuesday, Dec 22<sup>nd</sup> at 6:00pm and Wednesday, Dec 23<sup>rd</sup> at 6:00pm. Please come and help. Thank you.**

**Mass Schedule for Christmas and the New Year**

Tuesday, Dec 15<sup>th</sup> – Penance Service (at St. Bernadette Church) 7:30pm

**Thursday, Dec. 24<sup>th</sup>-Christmas Eve**

4:30pm- Mass (English)  
6:00pm- Las Posadas (Spanish)  
7:00pm- Mass (Spanish)  
11:30pm- Mass (English)  
(Midnight mass with Morning Star Choir)

**Friday, Dec. 25<sup>th</sup> – Christmas Day**

10:00am –Mass (English)  
(Children's Mass with Brighter Day Youth Choir)

**Thursday, Dec. 31<sup>st</sup>- New Year's Eve**

7:30am- Mass (English)  
11:30pm- Mass (English) - Father Joseph

**Friday, Jan. 1<sup>st</sup>- Mary, the Mother of God**

10:00am- Mass (English)  
12:30pm- Mass (Spanish)

**HNOJ Students Score Well on ITBS Standardized Test**

Students from Holy Name of Jesus School were among those taking the Iowa Test of Basic Skills in October of this year. HNOJ students scored well on this national, standardized test. Twenty percent (20%) of our students scored at or above the 90th percentile in one or more subjects. Furthermore, 3 students scored in the 94th percentile or above overall placing them among the top 6% of students throughout the nation. Congratulations Students!



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**LA Marathon 2010**

It is time to get ready for the 2010 Los Angeles Marathon; on a new date and a new route, "from the stadium to the sea". The 2010 LA Bike tour will not be held on the day of the marathon. It has been postponed until a later date. For registration and more information go to [lamarathon.com](http://lamarathon.com).

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**Christmas Concert**



The Brighter Day Youth Choir annual Christmas concert will be held today at 3:00pm in the Church. Donation is \$5.00. Come out and support the Youth Choir!

**DID YOU KNOW?**  
**BULLYING IS A FORM OF ABUSE**

Did you know that bullying is a form of abuse, and therefore is forbidden in our Catholic School? Bullying typically consists of direct behaviors, such as teasing, taunting, threatening, hitting, shoving and stealing. But it might also be indirect, such as spreading rumors that cause victims to be socially isolated through intentional exclusion. Cyber bullying, which involves the use of the internet or mobile phone to send inappropriate messages and images to or about others, is also behavior that is not tolerated in our Catholic schools. If you suspect bullying of a child at school, please contact the school principal with your concerns.

**SHARMAINE HAYLOCK, CHAIRPERSON**  
**HOLY NAME CHURCH SAFEGUARD**  
**THE CHILDREN COMMITTEE**

*Healthy Living...*

**Dry Skin: Soothing the Itch in Winter**  
**Does your dry skin make you want to hibernate?**  
(www.webmd.com)

**1st Step for Dry Skin Care: Prepare Your Skin**

▪ *Clear Away Old Skin Cells*  
To shed old skin cells exfoliate with an over-the-counter or prescription keratolytic moisturizer, one containing lactic or salicylic acid. And exfoliate *gently* -- a soft scrub is all you need.

▪ *Take Time to Moisturize*  
Soothe winter-dry skin with an oil-based moisturizer. You can also help dry skin with basic moisturizer ingredients such as mineral oil, petroleum jelly, or glycerin. Whichever product you choose, be sure to smooth on your preferred moisturizer right after a shower, then pat your skin dry.

**2nd Step for Dry Skin Care: Clean the Right Way**

▪ *Warm Showers and Baths Only, Please*  
Learn to warm up to short, lukewarm baths and showers, which help your body retain its natural, skin-protecting oils. And when you bathe, use soap only on the spots that really need it, such as your face, underarms, groin, and feet. Since the rest of your body doesn't tend to get very dirty, a simple warm-water wash everywhere else is fine say the pros -- and it helps you retain those vital natural oils.

▪ *Use a Gentle Cleanser*  
That's why many skin care experts suggest using non-scented, mild cleansers or soap-free products like Aveeno, Cetaphil, Dove, Dreft, or Neutrogena. Body washes with petrolatum (petroleum jelly) are also a great option for soothing very dry skin, helping to trap in water as you clean.

**3rd Step for Dry Skin Care: Be Aware of the Sun**

▪ *Keep Using Sunscreen*  
Though the sun's rays are less intense in winter, those rays can still burn and damage your skin. And give your UV protection an even bigger boost by donning sunglasses, a hat, and scarf.

**4th Step for Dry Skin Care: Get Your Diet Into the Act**

▪ *Eat Up for Better Skin*  
A diet rich in healthy fats can be another crucial element in your fight against dry, itchy skin. Give your diet an essential fatty acid boost with omega-3-rich foods like flax, walnuts, and safflower oil, as well as cold-water fish such as tuna, herring, halibut, salmon, sardines, and mackerel.

▪ *Hydrate Yourself -- And Your House*  
Dry indoor air can really irritate your skin, so give it a fighting chance by keeping inside air moist. Use a humidifier to pump up the moisture, or even surround yourself with indoor plants. And don't forget to humidify from the inside out by drinking lots of water, 6-8 glasses daily.

**Is Your Skin Still Dry? Talk to a Pro**

If you're skin gets really dry in winter and these tips aren't helping, it's time to talk to a dermatologist.

The Altar Society is accepting donations for Christmas flowers in memory of Loved Ones. Please use the Christmas flower envelopes and place your donation in the collection basket. Thank you!



Any youth that needs community service hours you will be able to serve in the Mini- Kitchen December 21-24 from 8:30am to 10:30am. Please call Cathy Brown at the Church Office for more information 323 734-8888 ext 2

**Stewardship Report**

**Stewardship: A Definition from Scripture**

*Without cost you have received; without cost you are to give.*

*-Matthew 10:8*

**Weekly Collections**

**Current Year:**

December 6, 2009 = \$ 12,238.00

**Two Previous Years:**

December 7, 2008 = \$ 10,135.78

December 2, 2007 = \$ 8,055.00

**Thank you for your generosity!**

**Together In Mission**

As we come to the end of the year, it is time to make the final payments on our **Together In Mission** pledges that we made last spring. Together In Mission is the Bishop's Annual Appeal where by low income schools and parishes receive financial assistance from the 297 parishes throughout the Archdiocese. **We are currently about \$12,000 short of our goal, and the deficit must be made up from parish funds.** If you have made a pledge to Together In Mission and have not paid your balance in full, please send your check to the parish office or directly to Together In Mission in the envelope that they have provided. If you have not made a pledge, we invite you to do so. Please make your check payable to **Together In Mission** and send it to us in the parish office, or simply drop it in the weekly collection with a note stipulating that it is for Together In Mission.

Remember, **our school receives over \$35,000 each year** through the generosity of families who contribute to Together In Mission. And, last year, our parish received an additional **\$58,000** in funds from Together In Mission for the remodel of the exterior of the Rectory. Please be as generous as your means will allow.

**25 Ways to Live Advent**

Talk with your dad for 10 minutes, read more, imagine Christmas without things, laugh with your family, pop popcorn, Lead daily prayers, consider another person's good points, contribute to toys for tots, encourage somebody, compliment a classmate, clean your room, ask an older person what he or she thinks, make an advent wreath, reconcile with a friend, attend a Christmas play, listen to what your hear, volunteer to help someone in need, collect food or presents for families in need, talk with your mom for 10 minutes, turn off the TV and talk, serve a meal at a shelter and share your lunch. Let us Pray... Loving God, help us to make room for our Son Jesus, in our lives. Help us live his gospel that calls us to share our coats when we have two, to treat one another fairly, and make room for one another. Amen.

**Religious Formation Schedule for December 2009**

**CCD**

- Saturday, December 5, 2009 9:30-11:00
- Sunday, December 6, 2009 9:00-10:00
- Saturday, December 12, 2009 9:30-11:00
- Sunday, December 13, 2009 9:00-10:00
- Saturday, December 19, 2009 9:30-11:00 Christmas party
- Sunday, December 20, 2009 9:00-10:00

**Christmas break December 26- January 2, 2010**

**Class resumes:**

- Saturday, January 9, 2010 9:30-11:00
- Sunday, January 10, 2010 9:00-10:00

**Confirmation**

First year -Thursday, December 3rd & 17<sup>th</sup> 7:00pm-8:30pm in the Acacia Center. Classes resume on January 7, 2010.

Second year - Thursday, December 10, 2010 7:00pm-8:30pm in the Acacia Center. Classes Resume on January 14, 2010

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**Holy Name of Jesus School Students putting the Gospel into Action**

We are proud to announce that the students of Holy Name of Jesus School and the Religious Formation Program (CCD) are actively engaging in the Corporal Works of Mercy (Matthew 25:40).

The fifth through eighth grades will be visiting the residents of St John of God and the Western Ave. Convalescent homes during the Advent Season.

The sixth through eighth grade will be visiting preschools in our neighborhood on December 16th and 17th.